

# Orthodox Christian Witness Program: Spiritual Pilgrimage

Fall 2018-Spring 2019

*Antiochian Orthodox Christian Diocese of Worcester and New England*



## Purpose

This program and journey is an opportunity for anyone interested to learn, to reflect, and to be transformed through the Orthodox Christian Faith in preparation for various ministries.

## Goals

This spiritual pilgrimage is an interdisciplinary approach to create a cadre of leaders in the church. It is aimed to empower and equip orthodox Christians to nourish and share the faith in 21<sup>st</sup> century by:

- *Offering frameworks and models of encountering God.*
- *Offering frameworks and tools in order to enhance and facilitate inner spiritual growth.*
- *Using Orthodox Christian theology and contemporary perspectives to encounter God.*
- *Gaining insights and methods to witness and share the faith.*
- *Enhancing leadership skills in order to contribute effectively in parish ministry and the world at large.*

## UNITS

1. The Sacraments and the Liturgy
2. Growing in Christ - Healthy Attachments and Detachments
3. Parables and the Scripture
4. Christian Hospitality - True Self and the Inner Kingdom
5. Relationships within the Body of Christ
6. Walking the Walk - Mentorship
7. The Life of the Spirit - What is God doing in our Lives
8. Free Will and Christian Choice

## Participants

Clergy, chaplains, laity, counselors, therapists, physicians, parents, and Christian educators.

## Program Requirements

Two years (4 semesters, 8 units total) with one Round Table Unit and one Practicum Unit each semester.

## Certificate of Completion

Granted to participants completing the entire program.

## Registration Fee

Suggested **\$100 per each unit** (includes materials and refreshments; lunch/dinner are not included).

## Program Interdisciplinary Leadership Team

**Bishop John of Worcester and New England**, D. Min. in Pastoral Care, Antiochian House of Study Instructor and Priestly Formation in Pastoral Care.

**Archpriest Antony Hughes**, M.Div., Pastor St. Mary Orthodox Church Cambridge MA, prison Chaplain, post graduate studies in Counseling and Pastoral Care, Internal Family System (IFS) Level 1.

**Ioana Popa** MD, Psychiatrist, Certified Internal Family System IFS Therapist, Level 1,2,3, Program Assistant for IFS, Board Certified Life and Organizational Leadership Coach, Psychosynthesis training Level 1, Counselor Hellenic College Holy Cross, Brookline MA.

**Richard J. Robbat** Ph.D. Curriculum & Instruction, Superintendent of Schools, Teacher, Antiochian Archdiocese Departments of Lay Ministry and Stewardship.

**Sebastien Falardeau**, PhD candidate in Theology, Chaplain Franciscan Children Hospital, Master in Theology, Master in Practical Theology (Spiritual Care), Internal Family System (IFS) Level 1.

## Upcoming Dates - Semester I, Fall 2018.

**Round Table Unit 1:** Thursdays 7pm-9pm – Sept. 13, 20, 27; Oct 4, 11, 18, 25; Nov. 1, 15, 29.

**Practicum Unit 2:** Saturdays 9:30am-5:30pm – Oct. 20, Nov. 17, Dec 1.

For questions please email at [popalifecoach@gmail.com](mailto:popalifecoach@gmail.com) or call at 617-45-7192

**See Flier for more details and Registration Form**